

# DOC | MIAMI VALLEY AMBULATORY SURGERY CENTER

1010 Woodman Drive, Suite 100

Dayton, OH 45432

937-252-5500

## DISCHARGE INSTRUCTIONS FOR PAIN PATIENTS

- |  |   |
|--|---|
| <input type="checkbox"/> Intra-articular Injections _____                                  | <input type="checkbox"/> Stellate Ganglion Block  |
| <input type="checkbox"/> Epidural Block<br>Lumbar / Cervical / Caudal / Thoracic           | <input type="checkbox"/> Occipital Nerve Block  |
| <input type="checkbox"/> Lumbar Sympathetic Block  | <input type="checkbox"/> Hypogastric Plexus Block   |
| <input type="checkbox"/> Intercostal Nerve Block   | <input type="checkbox"/> Sacroiliac Joint Injections                                      |
| <input type="checkbox"/> Transforaminal Lumbar Epidural                                    | <input type="checkbox"/> Facets Left / Right<br>Lumbar / Cervical / Thoracic              |
| <input type="checkbox"/> Piriformis / Trochanteric bursa injection                         | <input type="checkbox"/> Median Branch Block Left / Right<br>Lumbar / Cervical / Thoracic |
| <input type="checkbox"/> Radiofrequency Neurolysis<br>Lumbar / Cervical / Sacroiliac joint | <input type="checkbox"/> Other _____  |

### INSTRUCTIONS

**Diet:** Advance as tolerated beginning with liquids if you are experiencing nausea and/or vomiting. If symptoms persist longer than 24 hours please call us.

**Activity:** Resume activity as tolerated. No bending, twisting or lifting today. Numbness will dissipate within 24 hours. If these symptoms persist longer than 24 hours please notify us. No driving or working for the rest of the day of procedure if you had sedation.

**Medications:** Continue as directed

### PLEASE NOTIFY US IF ANY OF THE FOLLOWING OCCURS:

Redness or swelling at the procedure site (use ice as needed, no heat)

Drainage from the procedure site

Oral temperatures above 100°F

Headache lasting more than 24 hours (try drinking caffeinated drinks)

- Intercostal Nerve Block** – If you notice any sudden shortness of breath or chest pain go to the emergency room
- Stellate Ganglion Block** – You may have a watery red eye with a smaller pupil on the same side of where the injection was given. You may also have hoarseness and drooping of the eye. These are normal effects of the injection and should dissipate in 4-5 hours.

**Next Appointment:**  1 week  2 weeks  Office visit

**For:** \_\_\_\_\_

**CALL 937-252-5500 WITH ANY QUESTIONS**

**In the event of an emergency; please call your physician and/or dial 911**

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**RESPONSIBLE PARTY** \_\_\_\_\_ **WITNESS** \_\_\_\_\_